



STEP 1

Download the VI Peel Post Treatment Aftercare App to receive post peel instructions directly onto your phone and track your progress!

Simply scan this QR Code with your phone's camera.



STEP 2

Follow the treatment instructions below or as shown on the VI Peel App.

Use the products provided in this kit and follow these guidelines to help ensure **radiant, healthy skin** in just 7 days.

day one

4 HOURS POST TREATMENT

- Cleanse the skin using **Gentle Purifying Cleanser**. Rinse with cool water and pat dry.
- Using gentle pressure, apply 1st **Post Peel Towelette** to areas where the peel was applied. Discard towelette and wash hands.
- Wait 10 min, then apply a thin layer of **Post Treatment Repair Cream**. You may apply makeup if desired, a mineral makeup is preferred.



1 HOUR BEFORE BEDTIME

- Follow the same steps as shown above, applying your 2nd **Post Peel Towelette**. Sweet dreams!

Do not apply anything to your skin for 4 hours post VI Peel Treatment, including an SPF. Stay out of direct sunlight.

day two

MORNING

- Cleanse the skin using **Gentle Purifying Cleanser**. Rinse with cool water and pat dry.
- Apply a thin layer of **Post Treatment Repair Cream**. Reapply as often as needed. You may apply makeup if desired, a mineral makeup is preferred.
- Apply **VI Derm SPF 50+ Sunscreen**, even if it's not a sunny day. Reapply throughout the day.



1 HOUR BEFORE BEDTIME

- Cleanse the skin using **Gentle Purifying Cleanser**. Rinse with cool water and pat dry.
- Using gentle pressure, apply your 3rd **Post Peel Towelette** to areas where the peel was applied. Discard towelette and wash hands.
- Wait 10 min, then apply a thin layer of **Post Treatment Repair Cream**. Sleep tight!

day 3-7

MORNING - PEELING OR FLAKING USUALLY BEGINS

- Cleanse the skin using **Gentle Purifying Cleanser**. Rinse with cool water and pat dry.
- Apply a thin layer of **Post Treatment Repair Cream**. Reapply as often as needed. You may apply makeup if desired, a mineral makeup is preferred.
- Apply **VI Derm SPF 50+ Sunscreen**, even if it is not a sunny day. Reapply throughout the day.

EVENING

- Cleanse the skin. Rinse with cool water and pat dry. Apply **Post Treatment Repair Cream** as needed.
- **After day 7**, you may resume your normal skincare routine. For the biggest benefit from your VI Peel Treatment, we recommend continuing with the **VI Derm Cleanser** and **SPF 50+**, in addition to incorporating other skincare essentials from the VI Derm line.

AFTERCARE TIPS:

- **The level of peeling may vary from flaking to heavy peeling.** You will peel as much as your skin needs to peel.
- Your skin may experience **slight irritation, itchiness, or inflammation.**
- **Dark spots may temporarily darken** during the peeling process.
- **Acne purging may be noticed** as impurities are brought to the surface of the skin.
- **Avoid sun exposure** for 7 days after your VI Peel Treatment.
- **Avoid rubbing, pulling, picking, and peeling the skin.** This can cause irritation, scarring, and pigmentation.
- **Avoid activities that cause excessive sweating** until your peeling begins. Once peeling has begun, resume your exercise routine but we recommend avoiding the sauna, hot tubs, and steam rooms until your peeling has completed on day 7.
- **Avoid hot water** when cleansing your face.
- **Stay hydrated** and drink lots of water.
- After application of each towelette, **wash hands with soap and water.**